**Introduction**

Vizient issued a call for change among the members in 2016, to address the use of opioids, which lays behind one of our country’s leading health epidemics. The aim has been to offer opportunities for our members and industry experts to collaborate in:

- Reducing opioid abuse, misuse, addiction and overdose
- Advocating for increased and expanded opioid-use awareness as well as increased substance abuse services
- Safely meeting the needs of patients experiencing pain.

We know our aim is big, yet together, as a united Vizient membership, we can lead the way in driving positive change across America and change the face of opioid addiction.

In 2016, we began offering educational webinars, expert panel conversations and a compendium of resources. Please log onto Vizient Opioid Portfolio Campaign webpage to access the additional recordings and resources.

This compendium has recently been updated with additional resources focused on:

- **Meeting the standards** – the basic requirements that are published by Centers for Medicare & Medicaid Services (CMS), the FDA and other regulatory agencies
- As many of our member organizations are working to improve patient safety and care overall, there are resources focused on. These include strategies and solutions addressing pain management through comprehensive assessment and improving patient outcomes, as well as leadership responsibilities for managing adverse drug events.
- Included in the compendium of resources are examples of how members **lead** in action through strategies and solutions addressing the opioid epidemic leveraging the expertise of the multidisciplinary team.
Compendium call to action

Our compendium call to action is for you to share your innovative and proactive strategies that you implement to manage the opioid health care crisis. At Vizient, we are dedicated to compiling current resources in an effort to educate and promote collaboration among Vizient member health care organizations.

The compendium of resources is also available on the Vizient website and updated routinely in an effort to provide the current thinking on this critically important patient safety topic.

Vizient team contact

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Vizient Performance Management

Meet the standards

Accreditation, current standards, regulations and guidance

- Current standards, regulations and guidance in an actionable format: Continuous patient readiness plan opioid utilization, management and safety

Stand out

Performance Improvement - nursing and physician leadership, safety intelligence and analytics

- Adverse drug events: Understanding the evidence and leadership responsibilities (unit, service and executive levels)
- Strategies to decrease harm from opiates:
  - Strategies to decrease harm from opiates (webinar from HEN 2.0 community knowledge network)
  - Opioid management: A policy primer (webinar form HIIN community knowledge network)
  - Opioid management: Stories of recovery and connecting the community (webinar from HIIN community knowledge network)
  - Opioid management: Promising hospital practices and changing the preoperative pain conversation (webinar from HIIN community knowledge network)
- Clinical Vizient video opioid-based anesthesia: Opportunities for improving perioperative care – May 24, 2016
- Performance Improvement Collaborative:
  - The Implementation of Opioid Stewardship Program Collaborative began in March of 2018. This collaborative is focused on providing a framework for implementing an opioid stewardship program, identify leading
strategies and fundamental elements of such program and providing practical resources for overcoming barriers to implementation. For additional information or to register to participate, please contact Jim Lichauer or Mary Pierson.

• **Vizient newsletter articles and blogs:**
  - Managing the nation’s pain: NQF issues essential guidance on opioid stewardship
  - Breaking the opioid prescribing cycle through stewardship
  - Are we doing all we can to stop the opioid crisis?
  - Attacking the opioid epidemic with innovation and technology

**Lead**

• **Presentation:** Using mobile simulator to teach safe and effective inpatient opioid dosing to medicine residents
• **Articles:** Trinity Health teams up to cut opioid abuse; Partners help launch opioid addiction efforts
• **Cuddler program articles and videos:**
  - Hospitals recruiting volunteers to cuddle babies addicted to opioids
  - Hospitals are using volunteer cuddlers to comfort babies born addicted to drugs – Faithwire- January 2017
  - Cuddler Volunteer at UPMC Hamot
• **Evidence-based guidelines:** Kaiser Permanente physician-developed up-to-date evidence-based treatment guidelines for the proper use of opioids

**Federal government efforts**

• President's initiative to stop opioid abuse and reduce drug supply and demand
Available publications and resources

Resources

- Department of Health and Human Services, Department of Surgeon General’s call to end the opioid crisis in America – Turn the tide
- Opioid resource page (Department of Health and Human Services)
- The Opioid Epidemic From Evidence to Impact (Johns Hopkins Bloomberg School of Public Health)
- Reducing opioid abuse and misuse (American Medical Association)
- Guideline for prescribing opioids for chronic pain (Centers for Disease Control)
- Clinical Practice Guidelines (American Pain Society)
- Practice Guidelines (American Society of Anesthesia)
- Grant opportunities to address opioid abuse disorder in rural areas (Agency for Healthcare Research and Quality)
- National Guideline Clearinghouse community management of opioid overdose and use of Naloxone (Agency for Healthcare Research and Quality)
- Pain management and opioid abuse (American Academy of Family Physicians)
- Advocates for Opioid Recovery
- Renewal of determination that a public health emergency exists (Centers for Medicare & Medicaid Services)
- Healthcare payer strategies to reduce the harms of opioids (Centers for Medicare & Medicaid Services)
- Guidelines on preventing diversion of controlled substances (American Society of Health-System Pharmacy)
- The substance use disorder prevention and treatment task force (Massachusetts Hospital Association)
- AWARxE resource page (National Association of Boards of Pharmacy)
- Development and applications of the Veterans Health Administration's stratification tool for opioid risk mitigation (STORM) to improve opioid safety and prevent overdose and suicide (Psychology Services, February 2017)
• Impact of the opioid safety initiative on opioid-related prescribing in veterans (The Journal of the International Association for the Study of Pain, January 2017)
• Patient-Centered Prescription Opioid Tampering in Community Outpatients with Chronic Pain (JAMA Internal Medicine)
• Opioid overdoses spike 30 percent, hospitals report (CBS News, March 2018)
• Opioid overdose deaths continue their rise in the U.S., CDC study finds (Forbes, March 2018)
• Opioid hysteria leading to patient abandonment (Pain News Network, March 2018)
• The opioid crisis is not just about pain medication (Pain News Network, April 2018)
• Medicare finalizes plan to reduce high dose opioids (Pain News Network, April 2018)

Training and implementation tools

• Interactive training on safe opioid use (Agency for Healthcare Research and Quality)
• Checklist for prescribing opioids for chronic pain as well as a website with additional tools to guide clinicians in implementing the recommendations (Centers for Disease Control and Prevention)
• Guideline resources: Clinical tools (Center for Disease Control and Prevention)
• Opioid overdose prevention toolkit (Substance Abuse and Mental Health Services Administration)
• Chronic pain treatment: an integrated guide to physical, behavioral and pharmacologic therapy (American Chronic Pain Association)
• RADEO Implementation Toolkit (The Society of Hospital Medicine)
• Providers’ Clinical Support System for opioid therapies (PCSS)
Prescription drug monitoring programs

- Prescription drug monitoring program (Centers for Disease Control and Prevention)
- Prescription drug monitoring program training and technical assistance center (Brandeis University)
- Prescription drug monitoring program (American Medical Association)
- PDMP fact sheet (AMA task force)
- Medical responses to opioid addiction vary by state, analysis finds (Kaiser Health News, June 2017)
- Peeling back the curtain on regional variation in the opioid crisis (MedicalResearch.com, June 2017)

Opioid disposal and takeback programs

- Disposal of unused medications: what you should know (Food and Drug Administration)
- Safe storage and disposal of opioids (American Medical Association)
- Promotion of safe storage and disposal of opioids (American Medical Association)
- Find a local authorized drug disposal location or view additional take back and disposal options through the following resources
  - National take-back initiative (Drug Enforcement Agency)
  - AWARxE Dispose Safely Resource Page (National Association of Boards of Pharmacy)

Patient resources

- Patient resource page (Centers for Disease Control and Prevention)
- Patient education - Managing chronic pain in adults with or in recovery from substance use disorders (Substance Abuse and Mental Health Services Administration)
- Ending the opioid epidemic: new patient education tool and other resources for hospitals (American Hospital Association)
• Chronic pain (familydoctor.org)
• Opioid addiction (familydoctor.org)

**Assessment and analytics**

• Organizational assessment of safe opioid practices (Pennsylvania Patient Safety Authority)
• The Joint Commission Sentinel event alert #49 - Safe use of opioids in hospitals
• Use of diagnosis codes for detection of clinically significant opioid poisoning in the emergency department: A retrospective analysis of a surveillance case definition (BMC Emergency Medicine)

**President’s Commission on Combating Drug Addiction and the Opioid Crisis**

• Executive Order

**Opioid safety/abuse**

• Development and applications of the Veterans Health Administration's stratification tool for opioid risk mitigation (STORM) to improve opioid safety and prevent overdose and suicide (Agency for Healthcare Research and Quality)
• Characteristics of initial prescription episodes and likelihood of long-term opioid use—United States, 2006–2015 (Agency for Healthcare Research and Quality)
• Impact of the Opioid Safety Initiative on opioid-related prescribing in veterans (Agency for Healthcare Research and Quality)
• Opioid guidelines harming patients (Pain News Network, March 2017)
• Studies identify riskiest patients for opioids (Pain News Network, April 2017)
• Support for Hospital Opioid Use Treatment (Project SHOUT) (California Health Care Foundation)
Member success strategies

- MRHC opioid program impacts national audience (McAlester Regional Medical Center)
- Partners help launch opioid addiction effort (Partners Healthcare)
- Kalispell Hospital shifts to care for mothers with addictions their babies (Kalispell Regional Medical Center)
- How UK Healthcare is addressing the opioid crisis through pain management (University of Kentucky HealthCare)
- Learning to say no: hospitals train emergency doctors to resist prescribing opioids (University of Kentucky HealthCare)
- Trinity Health teams up to cut opioid abuse
- Hospitals recruiting volunteers to cuddle babies addicted to opioids (University of Pittsburgh Medical Center UPMC)