Vizient resource compendium:
Opioid utilization, management and safety

September 2016 – Updated May 2017
Introduction

Vizient issued a call for change among the members in 2016, to address the use of opioids, which lays behind one of our country’s leading health epidemics. The aim has been to offer opportunities for our members and industry experts to collaborate in:

- Reducing opioid abuse, misuse, addiction and overdose
- Advocating for increased and expanded opioid-use awareness as well as increased substance abuse services
- Safely meeting the needs of patients experiencing pain.

We know our aim is big, yet together, as a united Vizient membership, we can lead the way in driving positive change across America and change the face of opioid addiction.

Last fall, we began offering educational webinars, expert panel conversations and a compendium of resources. Please log onto Vizient Opioid Portfolio Campaign to access the additional recordings and resources.

This compendium has recently been updated with additional resources focused on:

- **Meeting the standards** – the basic requirements that are published by Centers for Medicare & Medicaid Services (CMS), the FDA and other regulatory agencies
- As many of our member organizations are working to improve patient safety and care overall, there are resources focused on standing out. These include strategies and solutions addressing pain management through comprehensive assessment and improving patient outcomes, as well as leadership responsibilities for managing adverse drug events.
- Included in the compendium of resources are examples of how member’s lead through strategies and solutions addressing the opioid epidemic leveraging the expertise of the multidisciplinary team.

Throughout the next two years (2017-2018), we will continue our focus on bringing together members, professional organizations and federal agencies to collaboratively improve pain management across the continuum, through:

- **Expert led educational webinars** focusing on prescriber practices, diversion programs and pain management alternatives (holistic, medicinal and technological)
- Offering Vizient member examples of successful public education campaigns focused on raising awareness within the community and across the continuum.
- **Dashboard of leading practices** for opioid management – Once developed, members can use the dashboard to evaluate their own organizational performance.
Compendium call to action

Our compendium call to action is for you to share your innovative and proactive strategies that you implement to manage the opioid health care crisis. At Vizient, we are dedicated to compiling current resources in an effort to educate and promote collaboration among Vizient member health care organizations.

Please contact Carolyn Helfenstein, senior director of knowledge transfer at Vizient, at carolyn.helfenstein@vizientinc.com to share your resources. Thank you in advance for contributing to this critically important resource compendium.

The compendium of resources is also available on the Vizient website and updated routinely in an effort to provide the current thinking on this critically important patient safety topic.

Vizient team contacts

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Vizient Performance Management

Meet the standards

Accreditation, current standards, regulations and guidance

- Current standards, regulations and guidance in an actionable format: Continuous patient readiness plan opioid utilization, management and safety

Stand out

Performance Improvement - nursing and physician leadership, safety intelligence and analytics

- Adverse drug events: Understanding the evidence and leadership responsibilities (unit, service and executive levels)
- Strategies to decrease harm from opiates: Webinar HEN 2.0 knowledge network
- Clinical Vizient video opioid-based anesthesia: Opportunities for improving perioperative care – May 24, 2016
- Performance Improvement Collaborative: The Adverse Drug Event Improvement Collaborative – Prescribing Opioids for Chronic Pain is scheduled to begin in October 2016 and continue through June 2017. The ADE Improvement Collaborative is aimed to assist members in understanding, implementing and sustaining best practice recommendations that improve opioid stewardship and subsequent adverse events. For additional information or to register to participate, please contact Jim Lichauer or Mary Pierson.
- Vizient newsletter article: Attacking the Opioid Epidemic with Innovation and Technology
Lead

Member strategies and solutions

• **Presentation:** Using mobile simulator to teach safe and effective inpatient opioid dosing to medicine residents

• **Articles:** Trinity Health teams up to cut opioid abuse; Partners help launch opioid addiction efforts

• **Cuddler program articles and videos:**
  - Hospitals recruiting volunteers to cuddle babies addicted to opioids
  - Hospitals are using volunteer cuddlers to comfort babies born addicted to drugs – Faithwire- January 2017
  - Cuddler Volunteer at UPMC Hamot

• **Evidence-based guidelines:** Kaiser Permanente physician-developed up-to-date evidence-based treatment guidelines for the proper use of opioids

Federal government efforts

• President’s Commission on Combating Drug Addiction and the Opioid Crisis

Available publications and resources

**Resources**

• Department of Health and Human Services, Department of Surgeon General’s call to end the opioid crisis in America – Turn the Tide

• Health and Human Services Opioid Resource Page

• American Medical Association: Reducing Opioid Abuse & Misuse

• CDC Guideline for prescribing opioids for chronic pain

• American Pain Society: Clinical Practice Guidelines

• American Society of Anesthesia Practice Guidelines
• Grant opportunities to address opioid abuse disorder in rural areas (Agency for Healthcare Research and Quality)
• National Guideline Clearinghouse community management of opioid overdose and use of Naloxone (Agency for Healthcare Research and Quality)
• Pain management and opioid abuse (American Academy of Family Physicians)
• Advocates for Opioid Recovery
• CMS Opioid Misuse Strategy 2016
• Healthcare Payer Strategies to Reduce the Harms of Opioids (white paper)
• American Society of Health-System Pharmacy Guidelines on Preventing Diversion of Controlled Substances
• Massachusetts Hospital Association The Substance Use Disorder Prevention and Treatment Task Force (SUDPTTF)
• National Association of Boards of Pharmacy AWARxE Resource Page
• Development and applications of the Veterans Health Administration's Stratification Tool for Opioid Risk Mitigation (STORM) to improve opioid safety and prevent overdose and suicide
• Doctors oppose ‘perverse' limit on opioid painkillers – Pain News Network – March, 2017
• Impact of the Opioid Safety Initiative on opioid-related prescribing in veterans – January 2017
• Survey finds CDC Opioid guidelines harming patients – Pain News Network – March 2017
• Studies identify riskiest patients for opioids – Pain News Network – April 2017
• Why pain patients should worry about Chris Christie – Pain News Network – April 2017
Training and implementation tools

- Interactive training on safe opioid use (Agency for Healthcare Research and Quality)
- Centers for Disease Control - checklist for prescribing opioids for chronic pain as well as a website with additional tools to guide clinicians in implementing the recommendations.
- Opioid overdose prevention toolkit (Substance Abuse and Mental Health Services Administration)
- Chronic pain treatment: an integrated guide to physical, behavioral and pharmacologic therapy (American Chronic Pain Association)
- CDC Guideline Resources: Clinical Tools
- The Society of Hospital Medicine RADEO Implementation Toolkit
- Providers’ Clinical Support System for Opioid Therapies (PCSS)

Prescription drug monitoring programs

- CDC PDMP Webpage
- American Medical Association PDMP Webpage
- PDMP Training and Technical Assistance Center (PDMP TTAC)
- AMA Task Force’s PDMP Fact Sheet
- Medical Responses To Opioid Addiction Vary By State, Analysis Finds
- Peeling Back the Curtain on Regional Variation in the Opioid Crisis

Opioid disposal and takeback programs

- FDA: Disposal of unused medications: what you should know
- AMA: Safe storage and disposal of opioids
- AMA: Promotion of safe storage and disposal of opioids (pdf)
• **Find a local authorized drug disposal location** or view additional take back and disposal options through the following resources
  - DEA National Take-Back Initiative
  - National Association of Boards of Pharmacy AWARxE Dispose Safely Resource Page

**Patient resources**

• CDCs Patient Resource Page
• Patient education - Managing chronic pain in adults with or in recovery from substance use disorders. (Substance Abuse and Mental Health Services Administration)
• Ending the opioid epidemic: new patient education tool and other resources for hospitals (American Hospital Association)
• Chronic Pain (familydoctor.org)
• Opioid Addiction (familydoctor.org)

**Assessment and analytics**

• Pennsylvania Patient Safety Authority organizational assessment of safe opioid practices
• The Joint Commission Sentinel event alert #49 - Safe use of opioids in hospitals
• Use of diagnosis codes for detection of clinically significant opioid poisoning in the emergency department: A retrospective analysis of a surveillance case definition
President’s Commission on Combating Drug Addiction and the Opioid Crisis

- Executive Order

Opioid safety/abuse

- Development and applications of the Veterans Health Administration's Stratification Tool for Opioid Risk Mitigation (STORM) to improve opioid safety and prevent overdose and suicide
- Pain News Network: Doctors opposition to pain guidelines
- Impact of the Opioid Safety Initiative on opioid-related prescribing in veterans
- Pain News Network: Opioid guidelines harming patients
- Pain News Network: Studies identify riskiest patients for opioids

Member success strategies

- Trinity Health teams Up to Cut Opioid Abuse
- Partners help launch opioid addiction effort
- University of Kentucky HealthCare Learning to say no: Hospitals train emergency doctors to resist prescribing opioids
- McAlister Regional Medical Center
- University of Pittsburgh Medical Center UPMC: Hospitals recruiting volunteers to cuddle babies addicted to opioids